

# COACHING PROGRAMME



AGES 5-11

## MINI TENNIS

🕒 5pm - 6pm 👧 👦 MONDAY	🕒 5pm - 6pm 👧 👦 WEDNESDAY	🕒 5pm - 6pm 👧 👦 FRIDAY
------------------------------	---------------------------------	------------------------------

## JUNIOR MATCHPLAY

🕒 6.30-8.30pm 👧 👦 SUNDAY
--------------------------------

ADULTS

## FRIDAY

🕒 6pm - 7pm 👧 👦 ADULT BRONZE	🕒 6pm - 7pm 👧 👦 ADULT SILVER
🕒 7pm - 8pm 👧 LADIES TEAM	🕒 7pm - 8pm 👦 MEN'S TEAM

## JUNIOR SUNDAY

🕒 5:30-6:30pm 👧 👦 Ages 12-14	🕒 5:30-6:30pm Yellow 👧 👦 Ages 15-17
------------------------------------	---

## COACHING SUNDAY

🕒 12:30pm 👧 👦 RED BRONZE	🕒 1:30pm 👧 RED SILVER	🕒 1:30pm 👧 👦 YELLOW BRONZE
🕒 2:30pm 👧 👦 ORANGE BRONZE	🕒 2:30pm 👧 👦 ORANGE SILVER	🕒 3:30pm 👧 👦 ORANGE GOLD
🕒 3:30pm 👧 👦 GREEN BRONZE	🕒 4:30pm 👧 👦 GREEN SILVER	🕒 4:30pm 👧 👦 GREEN GOLD

FOR TERM DATES,  
PRICING & TO BOOK PLEASE VISIT:

[WWW.ORMSKIRKTENNISCLUB.CO.UK](http://WWW.ORMSKIRKTENNISCLUB.CO.UK)

